

Preparing for the NDIS: Your Checklist

Your NDIS planning meeting is your chance to choose the services and supports you get and, if you want, to make some big changes. In this meeting, your Local Area Coordinator (LAC) will ask you to tell them your hopes and goals for now and for the future, so that together you can work out what supports you need.

It's important to be prepared for such a big conversation, so we've prepared this checklist to help you work out what you want from the NDIS.

A few tips for completing this list

- **Think "magic wand"**. What could you achieve if only you had the right supports?
- **Take your time**. These are big questions and can't be answered in a hurry.
- **Talk it over**. Share your answers with someone who knows you well to get their input.

We realise there's a lot to think about, so feel free to contact us any time if you have any questions. Simply call our friendly team on 1300 333 700 or send us an email info@planpartners.com.au



My NDIS Plan Management

With the NDIS, you get to choose exactly how and when you spend your funding as well as who you spend it with.

Because there's a lot more planning involved than the previous system, you can ask for **Plan Management** to help you manage your NDIS funds. Your Plan Manager can make sure your service providers are paid, claim from the NDIS and keep track of your paperwork and spending. If you want this service, make sure you ask for it in your meeting. It's available for everyone who asks for it.

You may also be eligible to apply for a **Support Coordination**. A Support Coordinator is someone who can help you find and connect you with the right supports to suit your individual situation and goals. This can be particularly helpful if you have a number of supports and providers to juggle. Not everyone is eligible for Support Coordination. Make sure you tell your LAC that you want it, and why, and they will help you work out if you're eligible.

1. How would you like to have your plan managed financially?

By a Plan Manager (Plan Management)

A quick reminder: if you ask for Plan Management in your meeting, the NDIS have to put it in your plan. You'll receive funding for this in the category 'Improved Life Choices'.

By myself (Self Management) – You take care of choosing and paying your providers.

By the NDIA (NDIA Management) – You are limited to registered providers only.

You can read about each fund management option in more detail on our website planpartners.com.au.

2. Do you think you need Support Coordination (that is, support with finding and organising your service providers)?

Yes No

If yes, please describe why you think you need Support Coordination?

Notes

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